

Ocean
of Silence

Also by Billy Doyle

The Mirage of Separation
Yoga in the Kashmir Tradition

OCEAN
OF SILENCE

Billy Doyle



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About the Author

Billy is a qualified yoga teacher. He studied with many teachers in a wide variety of approaches. In 1982 he met Jean Klein who introduced him to Yoga in the Kashmir Tradition. He worked closely with him for many years attending his seminars in England, Holland, France and the United States.

Billy has published a book which presents these teachings: *Yoga in the Kashmir Tradition: the art of listening* (New Sarum Press).

He's also the author of *The Mirage of Separation* (New Sarum Press) a collection of poems and prose written from a non-dualistic perspective, covering subjects that include identification, desire, time, the spiritual path and silence.

A Selection of Books in Print from New Sarum Press

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