

Nothing to Grasp

Joan Tollifson

NEW SARUM PRESS

NOTHING TO GRASP

First edition published August 2012 by NON-DUALITY PRESS

THIS EDITION PUBLISHED MAY 2025

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Author photo: David Lorenz Winston

Cover image: Joan Tollifson

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NEW SARUM PRESS | 6 Folkestone Rd. | Salisbury | SP2 8JP
United Kingdom



ISBN: 978-1-7385296-5-0

www.newsarumpress.com

No matter what state dawns at this moment, can there be just that? Not a movement away, an escape into something that will provide what this state does not provide, or doesn't seem to provide: energy, zest, inspiration, joy, happiness, whatever. Just completely, unconditionally listening to what's here now, is that possible?

—Toni Packer

That which is before you is it, in all its fullness, utterly complete. There is naught beside. Even if you go through all the stages of a Bodhisattva's progress toward Buddhahood, one by one; when at last, in a single flash, you attain to full realization, you will only be realizing the Buddha-Nature which has been with you all the time; and by all the foregoing stages you will have added to it nothing at all.

—Huang Po

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